## St Joseph's Newsletter

OMNIA pro te cor JESU
ALL FOR THE HEART OF JESUS

### **MISSION STATEMENT**

Following the example of Saint Mary of the Cross MacKillop our school community will create a learning environment where children feel the love of Jesus, whilst developing at their own pace and cognitive level



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### **GOD'S TEACHING**

### The Word

Jesus said, "Do not think that I have come to change the Law – I have come to fulfil it. You have learnt that you must not kill. I say to you, if you are even angry with your brother or you insult him, you must answer for it before God."

### **Look Closer**

God's Ways. Jesus tells us that he is the living perfection of God's teachings. God's ways are so much higher than our own. We think we are good because we don't kill, but God tells us that even being angry with our brother or sister displeases God.

### **Prayer Space**

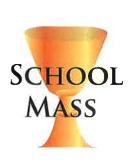
### Symbol: Scroll with anger confessions

Lord God,
Creator of the world.
You call us to follow your teachings.
Forgive us for the times that we have been angry with one another.
Amen



### **Opening School Mass**

Our opening school Mass will be held TOMORROW night, 15<sup>th</sup> February at 6pm in St Michael's Church. Father Greg will celebrate the Mass and we are hoping all our students are able to attend. There will be a special blessing for our Kindergarten students after communion. Everyone is welcome to join us.



### **Southern Region Swimming**

If your child swam in the 50 metres events last Friday and would like to participate at the Southern Region Swimming Carnival in Orange on Tuesday 25<sup>th</sup> February, please contact Mrs Hough by this Monday 17<sup>th</sup> February.

### **Athletics for Sport on Fridays**

Today our students participated in Athletics activities conducted by an Athletics coach from Athletics Australia. Due to the recent hot weather the activities were held from 10.00am-11.00am. These activities will run for 3 more weeks.

### P and F Meeting.

The next meeting of the P and F will be held NEXT Tuesday 18<sup>th</sup> February in the Library at 3.30pm. All welcome. We will discuss the Athletics Carnival as our school is organising and running the carnival this year. Please come along and share your ideas and suggestions.

#### **IMPORTANT DATES**

Please refer to the following table for upcoming events

	Term	1 Dates
WEEK 3	Sat 15th Feb	Opening School Mass @ 6pm
WEEK 4	Tues 18 <sup>th</sup> Feb	P&F Meeting @ 3.30pm
WEEK 5	Tues 25 <sup>th</sup> Feb	Southern Swimming at Orange
WEEK 5	Wed 26th Feb	Ash Wednesday Mass 10.30am
WEEK 7	Wed 11th March	Combined Athletics Carnival St Joseph's organising
WEEK 7	Fri 13 <sup>th</sup> March	Pupil Free Day Staff Development Day in Orange
WEEK 8	Fri 20 <sup>th</sup> March	Life Education Van visit
	Term 2	2 Dates
WEEK 2 (Term 2)	Wed 6th May	Dubbo Zoo overnight excursion

### Pupil Fee Day – Friday 13th March

On Friday 13<sup>th</sup> March there will be a Pupil Free Day for all students at our school. Staff will be attending a Professional Development Day in Orange on the Themes of the Plenary Council. We will join with some other Catholic schools for the day to learn, read, discuss and reflect on the themes. The Plenary Council will be held in October this year.





Olivia celebrated her 6th birthday during the Summer holidays and has returned to school so grown up. She is a cheerful, vibrant girl in the playground and classroom. Olivia loves to help the teachers with jobs and is very handy at giving out the books and sharpening our pencils. Olivia enjoys playing handball, digging in the sandpit and making creative concoctions in the mud kitchen. Thank you for all the help you give us, Livvie.

### **Combined Swimming Carnival**

Thank you to all our parents, grandparents, siblings, aunts and uncles who came along last Friday to join in the fun at the Swimming Carnival. Congratulations to all our students who participated in many of the events and contributed valuable points to their house. The relay races were particularly exciting to watch. Special congratulations to Brooklyn Eagleston who was runner up in her age group.

# This year Blaxland was the winning house









## Student Acceptable Use of Technology Policy

Please find attached the **Student Acceptable Use of Technology Policy**. It would be appreciated if parents could go through and read the policy with their child/children, then sign where indicated and return to the school. If you have any questions please contact the school. This policy has been updated for 2020. Please return the signed policy to the school by Friday 28<sup>th</sup> February. Thank you.



### **Safer Internet Day**

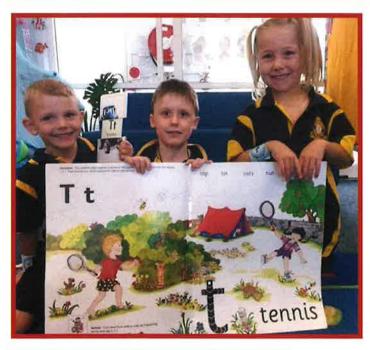
Over the past few days our classes have been learning about online safety. In particular we have focussed on some important messages for young children to remember when they are using technology such as the internet.

To help us, we have been using a series of short animated videos from Hector's World. The videos feature Hector the dolphin and his friends, as they explore some of the exciting opportunities that technology brings, while at the same time learning about being safe and responsible online citizens.

You can watch the animated episodes yourself or with your child at www.esafety.gov.au. It is a good idea that a child in this age group always has an adult with them when they are online.

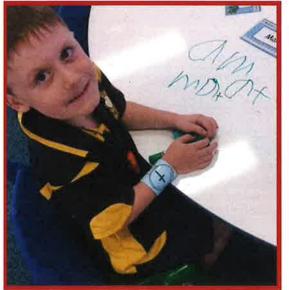
One of the most important concepts your child has been learning about, is that if something happens when they are online that worries or upsets them (such as coming across images they weren't expecting, or when they are asked for their personal information), they should seek help from a trusted adult. The worksheet your child has brought home will help them to remember this advice. Talking with then about these messages can help build positive communication about the online environment.

Other concepts we have covered include learning to identify who the trusted adults are in children's lives, recognising when something does not feel right, and the importance of only sharing our personal information with people we can trust.





Kindergarten this week have been learning their sounds. They know **a, m** and **t**! We played t, t, tennis outside & wrote our first words am, mat and at on our whiteboard desks!







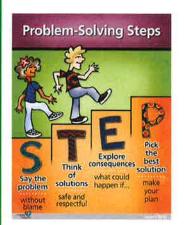


# NRL Visit

The All Stars worked on Google Slides this week to express what they learnt during the NRL Visit on Monday.







#### This year St Joseph's has implemented the Second Step Program for Kinder to Year 4.

Second Step is a program focused on social emotional learning (SEL) that helps transform schools into supportive, successful learning environments uniquely equipped to encourage children to thrive. More than just a classroom curriculum, Second Step's holistic approach helps create a more empathetic society by providing tools to educators to take an active role in the social-emotional growth and safety of today's children.

The Second Step program also promotes the development of self-regulation skills and improved participation in learning through its focus on skills for Learning. To prepare to be better learners, our students are learning strategies to help them:

- Focus attention;
- Listen;
- Be Assertive; and
- Use Self Talk

Second Step Program

#### Manildra Child and Family Health Clinic

In Manildra on 1st and 3rd Wednesdays of the month at the

Community Health Centre.

**BREASTFEEDING SUPPORT** 

INFANT NUTRITION AND STARTING SOLIDS

SLEEP AND SETTLING

**DEPRESSION AND ANXIETY** 

CHILD DEVELOPMENT

CHILD SAFETY INFORMATION

WELL CHILD CHECKS

CHILDHOOD IMMUNISATION

For further information contact Jean Welsh or Michelle Gosper on 63923400

#### medical Centre . .

**Dr. Vikki Wymer** consults every Tuesday & Friday between 9.00am & 1.00pm. Phone **6364 5901** for an appointment

#### MANILDRA CRAFT COTTAGE

We have freshly cooked cakes,

biscuits/slices Wed to Sun



#### MADIA MEETINGS

Held the 1st Wednesday of each month at Manildra Memorial Hall

7:30pm - All Welcome

#### MANILDRA MATTERS ARTICLES

Email articles/news to

manildramatters@live.com

Last day for news 20th of each month

### **COMMUNITY NOTES**

Close for any additions

10.00am Thursdays

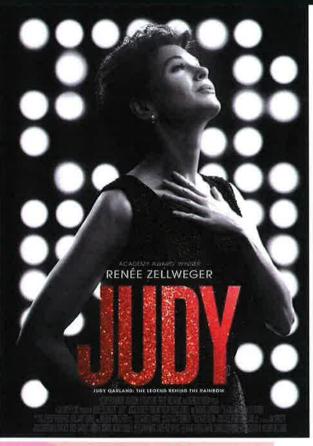
**Email to:** 

kathryn.nicka@det.nsw.edu.au

OR t.press2@bth.catholic.edu.au

### **AMUSU THEATRE**

FEBRUARY SATURDAY 15th - 7:30 PM SUNDAY 16th - 1:30 PM



# Manildra Playgroup

@ St Joseph's School Hall

Monday, 2nd March 2020.

9.30am-11.30am

### Everyone welcome

Please bring morning tea for your children.

Tea & coffee available.

Affiliated with Playgroup Australia

Inc

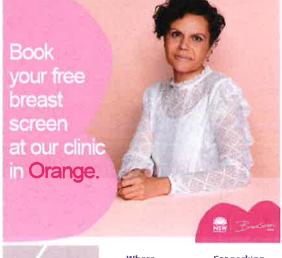
#### Church Services

St Michaels Catholic Church Saturdays @ 6pm

St Lukes Anglican Church

1st & 3rd Sunday of month at 10.30am

Uniting Church
3rd Sunday 9am service





Where BreastScreen NSW Orange Health Service Forest Road ORANGE NSW Car parking Limited free parking is available in front of BreastScreen



### Women's Health Clinic

The Western NSW Local Health District Women's Fleathh Service provides freand confidential health care for women, with a locus on early detection, illness prevention and health screening.

The service is run by trained Women's Health Nurses that can assist females it puberty to menopause and beyond. For a free comprehensive women's health check, make an appointment at the part Women's Health Clark.

> Manildra Community Health Centre 69 Kiewa St, Manildra NSW Thursday 2<sup>nd</sup> April, 2020

10 am - 2 pm Phone Kate (02) 63 645 345 for an appoi

VISW

Territorial

We recommend women aged 50 - 74 have a mammogram every two years.

Book your free mammogram online at book, breasts (reen. no. gov. au or call 13 20 5)